



11th

Annual National

Conference of



Society for Rural Mental Health



24 & 25 October 2026

(Saturday & Sunday)



Venue:

Regenta Palace, Amritsar (Punjab)

Theme

*Mental health beyond boundaries:
war, disaster & digital lives*

Conference Secretariat

Shanti Mission Hospital

49-E, MODEL TOWN, DELHI ROAD, HISAR-125001, HARYANA (INDIA)

+91 97112 80700 | +91 99960-27366 | +91 99960-27370

shantimission11@gmail.com

INVITATION

Dear colleagues, Greetings from SMH (Shanti mission hospital), Hisar.

It gives us immense pleasure to announce that the 11th National Annual Conference of SRMH (society for Rural Mental health) is being held in **Amritsar**, Punjab on **Oct 24–25, 2026**. Hence, all the esteemed Guests are Cordially invited to attend this Auspicious Event with warmth & love.

The theme of this year conference has been choosen very Aptly , after diligent deliberations
“ Mental Health Beyond Boundaries: war, Disaster and Digital Lives.

The theme itself speaks volumes about the current world scenario and the prevailing chaos across the country and we need not over emphasise the same . However, from the sacred serenity of Golden Temple to the patriotic spirit and Jallianwala Bagh and the grandeur of Wagah Border, both the venue, **Amritsar** and the Theme blend with each other so perfectly that there could not be a Better Bordering and historic venue to have scientific Deliberations & to deliver on this theme i.e. how the war, disaster and Digitalization is affecting the Mental health of whole nation and especially, the Bordering remote states.

By bringing together professionals , Researches, psychologists and Community Leaders, the conference aims to foster critical dialogue and share practical framework that how Wars, Disasters and Digital lives are affecting the Mental health and impacting our daily living processes.

Set against the sacred & histrionic Back drop of **Amritsar**, the event promises a unique and enriching platform for collaborative Learning and innovation in Mental Health Field.

Whole of the organising team at AMRITSAR is waiting eagerly to extend a very warm welcome & we look forward to your valuables participation.

Warm Regards

ORGANISING TEAM



Patron
Prof Rajiv Gupta



Organising Chairperson
Dr Bir Singh Yadav



Organising Secretary
Dr Krishan Soni

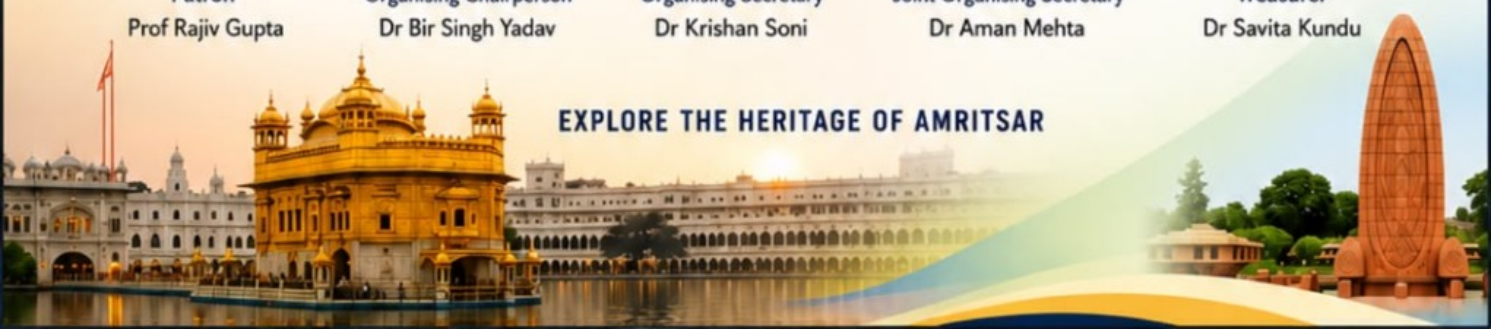


Joint Organising Secretary
Dr Aman Mehta



Treasurer
Dr Savita Kundu

EXPLORE THE HERITAGE OF AMRITSAR



ABOUT CONFERENCE CITY

Amritsar, the spiritual and cultural heart of Punjab, is a city where faith, history, and hospitality come together in perfect harmony. Home to the world-renowned Golden Temple, Harmandir Sahib, Amritsar is a timeless symbol of peace, equality, and selfless service, welcoming people from all walks of life.

The city's rich heritage is reflected in its vibrant traditions, historic landmarks, and warm Punjabi culture. From the sacred serenity of the Golden Temple to the patriotic spirit of Jallianwala Bagh and the grandeur of Wagah Border, Amritsar is a living blend of devotion and history.

Famous for its delectable cuisine, colorful bazaars, and unmatched warmth of its people, Amritsar offers an experience that nourishes the soul. It is a city that not only preserves the legacy of the past but also embraces the future with hope and unity.

Amritsar is more than a destination—it is an emotion of togetherness, compassion, and timeless spirituality, making it the perfect city to host this meaningful conference.



REGISTRATION FEE DETAILS

CATEGORIES	REGISTRATION UP TO 15.09.2026	15.09.2026 ONWARDS / ON SPOT REGISTRATION
Members of SRMH	6000	7000
Non Members	7000	8000
Accompanying person	4000	5000
Students	3000	4000
Pharma Delegates	30000	30000

REGISTRATION WITH ACCOMMODATION

Single (Delegate only)	13,000/-
Couple (Delegate + Accompany Person)	18,000/-
Students (Twin sharing only)	10,000/-

BANK DETAILS FOR REGISTRATION

Account Name : 11th National Annual Conference of SRMH 2026
Bank Name : The Hisar Central Co-op. Bank Ltd;
Account Number : 003334002100007
Account Type : Current
IFSC Code : UTIB0HCCB01
Branch Address : Railway Road, Hisar, Haryana, 125001 (Near Elite Cinema)

ABSTRACT FOR FREE ORAL PAPERS/POSTERS

- Last date of submission of Abstracts for paper posters is **15 Sept 2026**
- Abstract should constitute **maximum of 250 words**
- Online abstracts should reach the conference Secretariat **before due date.**



SCAN & PAY

1. REGISTRATION



SCAN TO REGISTER

or click the link below

https://docs.google.com/forms/d/e/1FAIpQLScjvtE_0403CIE1-XWO8HDG1M7n06yBln3h4xpPagqkOr31AQ/viewform

2. PAYMENT



SCAN TO PAY

— Thank you for your participation! —



11TH ANNUAL NATIONAL CONFERENCE OF SOCIETY FOR RURAL MENTAL HEALTH

24 AND 25 OCT 2026, AMRITSAR



**THEME: MENTAL HEALTH BEYOND BOUNDARIES:
WAR, DISASTER & DIGITAL LIVES**

REGISTRATION FORM

Name: _____

*Date of Birth: _____

*Age: _____ *Gender: Male / Female / Other

*SRMH Membership: _____ Yes No

*Address: _____

City/District: _____ State: _____

Postal Code: _____

Country: _____

*Mobile Number: _____

*E-mail ID: _____

Qualification: _____

Affiliation(s): _____

Institute: _____

Details Accompanying Person:

1. Name: _____ Age: _____ Gender: _____

2. Name: _____ Age: _____ Gender: _____

Payment Details:

Amount paid:

UPI/NEFT/RTGS/Cheque No.:

Date:

Drawn from Bank:

CONFERENCE REGISTRATION ENTITLEMENTS

DELEGATES

Delegate Kit, Breakfast, Lunch & Banquet
Access to Scientific sessions
Certificate of attendance

ACCOMPANYING PERSONS

Welcome Kit, Breakfast, Lunch &
Banquet Exhibition Area

REGISTRATION GUIDELINES

- Payment Options Online – UPI, NEFT, IMPS, Bank transfers, Offline – Cheque & Demand Drafts.
- Registration is mandatory for all delegates. Accompanying person registration is must for spouse/children above 12 years.
- A proof signed by Head of the Department/ Institute is mandatory for student registration.
- Photo ID is mandatory for all delegates for security reasons to enter the conference area.
- Please ensure to wear registration badge all the time during the conference.
- Registration fees mentioned is non-negotiable.
- Registration is non-transferable.
- Conference kit would be handed over only to the registered delegate with photo ID.
- For spot registrations: payment will be accepted only by mode of Cash/online.
- Conference kit is not guaranteed for spot registered delegates.

CANCELLATION AND REFUND POLICY

- Payment Options Online – UPI, NEFT, IMPS, Bank transfers, Offline – Cheque & Demand Drafts.
Refund will be solely at the discretion of the organizer and will made after the conference (if approved by the Organizing Committee).

Duly filled forms along with the payment details/cheque/DD should be sent to Conference Secretariat address,



shantimissionhospital11@gmail.com



Shanti Mission Hospital

49-E, Model Town, Delhi Road, Hisar-125001, Haryana (India)



Mob: +91 97112 80700, +91 99960-27366 | +91 99960-27370

CONTACT US:

Dr. Bir Singh Yadav

(Organising Chairman)

Mob: +91 99960 27366

Dr. Krishan Soni

(Organising Secretary)

Mob: +91 8607494950

SCIENTIFIC PROGRAMME

DAY - 1 (Saturday) 24.10.2026

TIME	PROGRAMME	SESSION TITLE	SPEAKER	CHAIRPERSON
08:00 – 09:00 AM		Registration with High Tea		
09:00 – 10:00 AM	Scientific Session I	Rural Mental Health in Contemporary Times: Addressing Emerging Needs and Clinical Challenges	- Dr. Neeru Bala (Prof. GMC Amritsar) - Dr. Venu Gopal Jhavar (Varanasi/ Banaras)	- Prof. Rajiv Gupta - Dr. Prem Munjal
10:00 – 10:30 AM		Inauguration Ceremony		
10:30 – 10:45 AM		Presidential Address		
10:45 – 11:15 AM		High Tea		
11:15 – 12:00 PM	Keynote Address	Mental Health Beyond Boundaries: Expanding Perspectives of Care in a Changing World	Prof. Nimesh Desai	- Prof. Savita Malhotra - Prof. Ajit Awasthis - Dr. Roop Sidana
12:00 – 12:15 PM		Theme Symposium Menatal Health Beyond Boundaries : WAR, DIGITAL LIVES & DISASTER		
12:15 – 12:45 PM	Symposium I	War, Conflict and Displacement: Understanding Trauma and Supporting Recovery	Dr. V.P. Mehla (Rohtak)	- Prof. D. Basu - Dr. Ajay Malhotra - Dr. Parmod Kumar
12:45 – 01:30 PM	 Symposium II	Digital Lives and Mental Health: Are We Trapped in Algorithms? Yes!	Dr. Sumit Rana (LHMC, Delhi)	
01:30 – 02:15 PM	 Symposium III	Disaster Mental Health: From Psychosocial Impact to Recovery and Resilience	- Dr. Sandeep Grover (PGI Chandigarh) - Dr. Sandeep Bhola (Kapurthala)	Dr. Vishal Chabra (Delhi)
02:15 – 03:00 PM	 Scientific Session II	Strengthening Rural Mental Health Care: Integrating Clinical Practice, Community Approaches and Future Directions	Dr. Priti Singh	- Dr. D.K. Arora - Dr. Ajit Sidana - Dr. Ashwin Mohan
03:00 – 04:00 PM		Lunch		
04:00 – 05:00 PM		Visit to Bagah Border		
05:00 – 06:00 PM		Prade & Flag Hoisting		
06:00 – 06:30 PM		AGBM & Election Meeting		
06:30 – 07:00 PM		Back to Hotel		
08:00 – 11:00 PM		Banquet, Gala- Dinner with DJ, Cultural Programme & Cocktail		
11:00 PM Onwards		DJ Floor		

SCIENTIFIC PROGRAMME

DAY - 2 (SUNDAY) 25.10.2026

TIME	PROGRAMME	SESSION TITLE	SPEAKER	CHAIRPERSON
09:00 – 10:00 AM	 Oral Free & Award Papers	Dr. Sadagi Jagawat Memorial Award	• Dr. Vishal Chabra • Dr. Vikram Bharti • Dr. Vinay Kumar	
10:00 – 10:30 AM		Poster Presentation Session		
10:30 – 11:00 AM		Quiz by Quiz Master	• Dr. Harish Vashisth/ Dr. Sandeep Grover	
11:00 – 11:30 AM		Tea Break		
11:30 – 12:00 PM	Scientific Session III 	Building the Road Ahead for Rural Mental Health Care	• Dr. Gurvinder Pal Singh • Dr. Brahmdeep Sindhu	• Dr. Priti Arun • Dr. Parbhat Sood
12:00 – 01:00 PM	 Panel Discussion	AI, Digital Lives vs Mental Health: Navigation The Changing Landscape of Human Behaviour	Panelists 1. Dr. V.P. Mehla 2. Dr. Nemesh Desai 3. Dr. B.D. S. / Dr. Sumit 4. Dr. Priti/ Vinay 5. Dr. Bir Singh Yadav Moderator Prof. Rajiv Gupta	
01:00 – 01:30 PM		Award Ceremony, Valedictory function & Vote of Thanks		
01:30 PM		Packed Lunch & Departure		
02:00 PM		GB- Governing Body Visit to Golden Temple (Blessing of Harmandir Sahib)		

SOCIETY FOR RURAL MENTAL HEALTH GOVERNING BODY



Dr. Amit Kumar Soni
Treasurer



Dr. Brahmdeep Sindhu
Vice President



Dr. Rajiv Gupta
Patron



Dr. Ashok Gupta
President



Dr. Vinay Kumar
Secretary



Dr. Hitesh Khurana
Adviser cum chairperson
Proposed Editorial Board



Dr. Amandeep
Joint Secretary



Dr. Purushottam
Adviser cum chairperson
Proposed Expansion of SRMH

COUNCIL MEMBERS



Dr. Arunima Gupta



Dr. Tushar Jagawat



Dr. Yogender Malik

ADVISORS



Dr. Ramesh Batra



Dr. Ajay Malhotra



Dr. Bir Singh Yadav



Dr. Priti Singh

ORGANIZING TEAM

Parton – Prof Rajiv Gupta

Organising Chairperson – Dr Bir Singh Yadav

Organising secretary – Dr Krishan Soni

Joint Organising Secretary – Dr Aman Mehta

Treasure – Dr Savita Kundu

Scientific Committee – Dr Priti Singh & Dr Krishan soni

Hospitality, Catering and accommodation – Mr Yogesh Bansal & Mr OP Yadav

Media publication & printing – Dr Vineet , Dr Shivam Kawatra

Registration & Reception Committee- Dr Anju Kamboj & Dr Ravina



Dr Anju Kamboj



Dr Ravina

VENUE

Regenta Palace,

8, GT Road Model Town,
Amritsar (Punjab)

+91 92161 04007
+91 92162 12144

fom.rpa@royalorchidhotels.com

www.royalorchidhotels.com



HOW TO REACH



BY AIR

- Sri Guru Ram Dass Jee International Airport, Amritsar (ATQ) is the nearest airport.
- The hotel is approx. 10 km from the airport.
- Taxis and cabs are readily available.



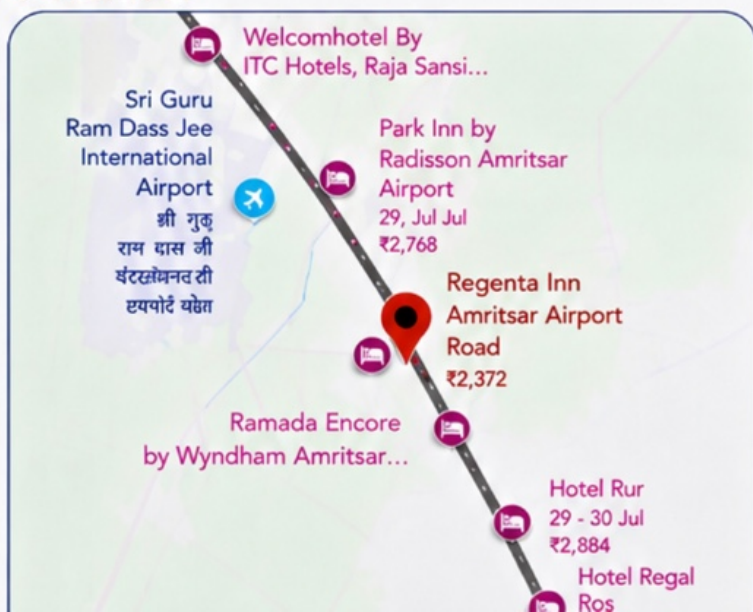
BY TRAIN

- Amritsar Junction Railway Station (ASR) is the major railway station.
- The hotel is approx. 4.5 km from the station.
- Auto-rickshaws, taxis and app-based cabs are easily available.



BY ROAD

- Amritsar is well-connected by road to major cities in Punjab and neighbouring states.
- National Highways 54 (NH54) and Grand Trunk Road (GT Road) provide smooth connectivity.
- The hotel is located on GT Road, Model Town,



TOURIST PLACES OF AMRITSAR

GOLDEN TEMPLE



JALLIANWALA BAGH



WAGAH BORDER CEREMONY



DURGIANA TEMPLE



RAM BAGH



PARTITION MUSEUM



GOBINDGARH FORT



KHALSA COLLEGE



MAHARAJA RANJIT SINGH MUSEUM



SHRI RAM TIRTH TEMPLE



GURUDWARA BABA ATAL SAHIB



HALL BAZAAR

