



# 10th National Annual Conference of Society for Rural Mental Health

**1-2 November 2025**  
**Ayodhya**



**Psychiatry: Beyond Biopsychosocial Model**

**Institute of Mental Health,  
Pt. B D Sharma University of Health Sciences,  
Rohtak, Haryana**

# INVITATION

*Greetings from the Institute of Mental Health!*

*Dear Friends,*

*We are pleased to invite you to the **10th National Annual Conference of the Society for Rural Mental Health (SRMH)**, to be held in **Ayodhya, Uttar Pradesh**, on **November 1 and 2, 2025**.*

*The theme for this year's conference, "**Psychiatry: Beyond Biopsychosocial Model**," seeks to broaden the scope of mental health discourse by exploring integrative and culturally rooted approaches to well-being. While the Biopsychosocial model has provided a valuable framework, there is a need to incorporate the rapid changes occurring due to environment and transformation of services due to AI (Artificial Intelligence). We also need to focus on spiritual, religious, astrological and alternative therapies to provide comprehensive care.*

*By bringing together **professionals, researchers, practitioners, and community leaders**, the conference aims to foster critical dialogue and share practical frameworks that integrate these alternative and indigenous approaches into mental health care delivery.*

*Set against the sacred and historic backdrop of **Ayodhya**, this event promises a unique and enriching platform for collaborative learning and innovation in mental health practice.*

*We look forward to your valuable participation.*

*Warm regards*



**Prof. Rajiv Gupta**  
Patron



**Dr. Priti Singh**  
Organizing Chairperson



**Dr. Bhupendra Singh**  
Organizing Secretary



**Dr. Gaurav Srivastava**  
Joint Organizing Secretary

## ABOUT CONFERENCE CITY

*Ayodhya, nestled on the serene banks of the Sarayu River in Uttar Pradesh, is more than just a city—it is a divine realm where spirituality breathes in every corner. Revered as the birthplace of Lord Rama, it holds an unshakable presence in the hearts of millions who seek faith, devotion, and inner peace.*

*Walking through Ayodhya, one can feel the echoes of the Ramayana, where dharma and devotion intertwine. The newly built Ram Mandir, standing as a symbol of unwavering faith, invites pilgrims to surrender their worries and embrace divine grace. The sacred chants, temple bells, and the gentle flow of the Sarayu create an atmosphere that elevates the soul. Bathing in the holy Sarayu is believed to cleanse the soul, while moments of silence on its ghats bring deep introspection.*

*Ayodhya is not just a place—it is an experience of surrender, devotion, and divine love. For every seeker, it offers a path to connect with the eternal truth, making the soul feel at home.*



# CALL FOR ABSTRACTS

## 10<sup>TH</sup> NATIONAL ANNUAL CONFERENCE OF SRMH 2025

Abstracts submission is open for Oral and Poster Presentations for the 10th National Annual Conference of the Society for Rural Mental Health (SRMH), to be held in Ayodhya, Uttar Pradesh, on 1st and 2nd November, 2025.

This conference aims to explore Psychiatry beyond the traditional BioPsychoSocial Model, touching the contemporary changes with advancement of Artificial Intelligence (AI), Environment and the increasing role of alternative medicine approaches in mental health.

### *Submission Categories:*

- *Oral Presentations.*
- *Poster Presentations with option to compete for the Dr. Saadgi Jagawat Award.*

*We encourage submissions from all professionals working in the field of mental health like Psychiatrist, Psychiatric Social Worker, Clinical Psychologist and Lawyer etc.*



**Submission Deadline:** 30th September 2025



**Submit Abstracts to:** [naconsrmh@gmail.com](mailto:naconsrmh@gmail.com)

Join us in this transformative dialogue to extend the mental health effectively beyond Biopsychosocial Model.

# GUIDELINES FOR POSTER / PAPER PRESENTATION IN THE 10TH NATIONAL ANNUAL CONFERENCE OF SOCIETY FOR RURAL MENTAL HEALTH

**REGISTRATION IS MANDATORY FOR ALL PRESENTATIONS**

## Guidelines for Abstract Submission

- 250 words in MS word file, Times New Roman 12 point single space
- Title on the top (In the centre with bold) followed by Authors name
- Presenting author's name should be underlined
- Abstract should contain brief – introduction, methodology, results and conclusion with 3-6 keywords.
- The names, email, phone numbers and institutional affiliations of the authors must be mentioned in the parenthesis.
- Presentation may include original research papers, case studies and theoretical analysis.
- Last date for submission: **30th September 2025** at [naconsrmh@gmail.com](mailto:naconsrmh@gmail.com)

## Guidelines for Submission of Poster

- The Presenter should be member of Society for Rural Mental Health (for Award category).
- The study may be conceptual but the theme should be related to Mental Health especially in rural area.
- The recommended size for the poster is 90cm width X 120cm height (approx. 36 x 48 inches).
- Poster shall be displayed in print format to predefined place.
- Last date of submission of abstracts for poster is **30th September 2025** at [naconsrmh@gmail.com](mailto:naconsrmh@gmail.com)

## REGISTRATION FEE DETAILS

Categories	Up to 15th August 2025	From 16 August to 30 Sept 2025	1st October onwards and Spot registration
Members of SRMH	4000	6000	10000
Non Members	5000	7000	11000
Accompanying person	3500	5500	9500
Students	3000	5000	9000
Senior Citizen Members (65+years)	500	1000	10000
Registration with accommodation (Members)	9000	11000	16000
Registration with Accommodation (Non-Members)	10000	12000	17000
Corporate delegate		30000	



**10TH ANNUAL NATIONAL CONFERENCE OF  
SOCIETY FOR RURAL MENTAL HEALTH  
1-2 NOVEMBER 2025, AYODHYA**



**THEME: PSYCHIATRY BEYOND BIOPSYCHOSOCIAL MODEL**

**REGISTRATION FORM**

Name: \_\_\_\_\_

\*Date of Birth: \_\_\_\_\_

\*Age: \_\_\_\_\_ \*Gender: Male / Female / Other

\*SRMH Membership: \_\_\_\_\_ Yes No

\*Address: \_\_\_\_\_  
\_\_\_\_\_

City/District: \_\_\_\_\_ State: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Country: \_\_\_\_\_

\*Mobile Number: \_\_\_\_\_

\*E-mail ID: \_\_\_\_\_

Qualification: \_\_\_\_\_

Affiliation(s): \_\_\_\_\_

Institute: \_\_\_\_\_

Details Accompanying Person:

1. Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

2. Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Payment Details:

Amount paid:

UPI/NEFT/RTGS/Cheque No.

Date:

Drawn from Bank:

## **BANK DETAILS FOR REGISTRATION**

**Account Name : 10th National Annual Conference of SRMH 2025**

**Bank Name : State Bank of India**

**Account Number : 44194101566**

**Account Type : Current**

**IFSC Code : SBIN0004735**

**Branch Address :Medical College Rohtak, Haryana**

### **Online Registration**



### **Online Payment**



<https://forms.gle/pv3QHVoEvcuDsRcGA>

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# CONFERENCE REGISTRATION ENTITLEMENTS

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## DELEGATES

Delegate Kit, Breakfast, Lunch & Banquet  
Access to Scientific sessions  
Certificate of attendance

## ACCOMPANYING PERSONS

Breakfast, Lunch & Banquet  
Exhibition Area

## Registration Guidelines

- Payment Options Online – UPI, NEFT, IMPS, Bank transfers, Offline – Cheque & Demand Drafts.
- Registration is mandatory for all delegates. Accompanying person registration is must for spouse/children above 12 years.
- A proof signed by Head of the Department/ Institute is mandatory for student registration.
- Photo ID is mandatory for all delegates for security reasons to enter the conference area.
- Please ensure to wear registration badge all the time during the conference.
- Registration fees mentioned is non-negotiable.
- Registration is non-transferable.
- Conference kit would be handed over only to the registered delegate with photo ID.
- For spot registrations: payment will be accepted only by mode of Cash/online.
- Conference kit is not guaranteed for spot registered delegates.

## Cancellation and Refund Policy

- Payment Options Online – UPI, NEFT, IMPS, Bank transfers, Offline – Cheque & Demand Drafts.  
Refund will be solely at the discretion of the organizer and will made after the conference (if approved by the Organizing Committee).

Duly filled forms along with the payment details/cheque/DD should be sent to  
Conference Secretariat address,

[www.srmh.co.in](http://www.srmh.co.in)  
[naconsrhm@gmail.com](mailto:naconsrhm@gmail.com)

**Conference Secretariat:** Institute of Mental Health, Pandit Bhagwat Dayal Sharma,  
University of Health Sciences, Rohtak-124001, Haryana, India

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## Contact us:

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**Dr. Priti Singh**

Mob: +91 99966-65888

**Dr. Bhupendra Singh**

Mob: +91 93556-32839

Email: [naconsrhm@gmail.com](mailto:naconsrhm@gmail.com),

[bhupendrapsw@gmail.com](mailto:bhupendrapsw@gmail.com)

# SCIENTIFIC PROGRAM

<b>Day 1: Saturday November 1<sup>st</sup>, 2025</b>			
		<b>Speaker</b>	<b>Chairpersons</b>
8:00 AM – 9:00 AM	<b>Registration and breakfast</b>		
9:00 AM – 9:45 AM	<b>Inauguration</b>		
9:45 AM – 10:30 AM	<b>Keynote address:</b> Rural sensitivity and competence for mental health practice	Dr. Santosh Chaturvedi	
10:30 AM – 11:00 AM	<b>High Tea</b>		
11:00 AM – 12:30 PM	<p><b>Symposium-I</b>  <b>AI and future of Mental Health in Rural India</b>            Understanding the Historical Evolution of AI</p> <p>Digital Psychiatry and AI: Impact in Rural India</p> <p>AI in Psychiatry Training and education</p> <p>AI: Ethical and Legal issues in Psychiatry</p>	<p>Dr. Ritvik Gupta</p> <p>Dr. Nikhil Goel</p> <p>Dr. Vivek Agarwal</p> <p>Dr. Amandeep</p>	
12:30 AM – 01:15 PM	<b>Invited Lecture-1</b> <b>Empathy-Beyond Psychiatry</b>	Dr. Sudhir Bhawe	
01:15 PM – 02:00 PM	<b>Lunch</b>		
	<b>Dr. Saadgi Jagawat Award Poster Session</b>		
02:00 PM – 03:30 PM	<p><b>Theme Symposium:</b>  <b>Psychiatry Beyond Biopsychosocial Model</b>            Geo Psychiatry: A promising dimension in continuation of Biopsychosocial model.</p> <p>Environmental determinants of Mental Health.</p> <p>Culture, Religion and Mental Health.</p> <p>Legal and Ethical Dimensions of Mental Health Care: Addressing Future challenges of Human rights.</p>	<p>Dr. Pratap Sharan</p> <p>Dr. Naresh Nebhinani</p> <p>Dr. Rakesh Chadda</p> <p>Dr. Jagriti Yadav</p>	

3:30 PM – 4:15 PM	Invited Lecture2: An integration of the Eastern and Western approaches in Mental Health.	<b>Dr. Kishore Chandiramani</b>	
4:15 PM –5:30 PM	Free Papers		
5:30 PM	<b>Tea</b>		
06:00 PM	<b>AGBM</b>		
08:00 PM	<b>Banquet</b>		
<b>Day 2: Sunday, November 2<sup>nd</sup> 2025</b>			
5:00 AM	Visit to nearby Religious Places (Optional)		
8:30 AM – 9:30AM	<b>Breakfast</b>		
9:30 AM – 11.00AM	<b>Viewpoint:</b> <b>Incorporating diverse fields in Rural Psychiatry in India: A Double Edged sword!</b> AYUSH  Energy Medicine  Astrology  Over Medicalization of Social problems  Faith healers and religious sects	Dr. Ankur Sachdeva  Sh. Sai Nandan Reddy Sh. Rajeev Acharya  Dr. Neatu Narang  Dr. Aseem Mehra	
11:00 AM – 12:30 PM	<b>Panel Discussion:</b> Moving Beyond Bio psychosocial Model: Quo Vadis ?	<b>Panelists:</b> Dr. Brahamdeep Sindhu Dr. Vishal Dhiman Dr. Jitendra Aneja Dr. Pratibha Gehlawat	<b>Moderator</b> Dr. Rajiv Gupta
12:30 PM – 1:00 PM	<b>Valedictory Program</b>		
1:00 PM	<b>Lunch</b>		

# SOCIETY FOR RURAL MENTAL HEALTH GOVERNING BODY



**Dr. Amit Kumar Soni**  
Treasurer



**Dr. Brahmdeep Sindhu**  
Vice President



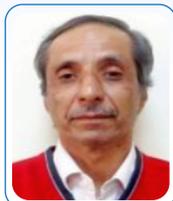
**Dr. Rajiv Gupta**  
Patron



**Dr. Ashok Gupta**  
President



**Dr. Vinay Kumar**  
Secretary



**Dr. Hitesh Khurana**  
Adviser cum chairperson  
Proposed Editorial Board



**Dr. Amandeep**  
Joint Secretary



**Dr. Purushottam**  
Adviser cum chairperson  
Proposed Expansion of SRMH

## COUNCIL MEMBERS



**Dr. Arunima Gupta**



**Dr. Tushar Jagawat**



**Dr. Yogender Malik**

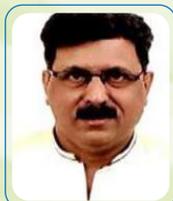
## ADVISORS



**Dr. Ramesh Batra**



**Dr. Ajay Malhotra**



**Dr. Bir Singh Yadav**



**Dr. Priti Singh**

# ORGANIZING TEAM

**Patron** – Dr. Rajiv Gupta

**Organizing Chairperson** – Dr. Priti Singh

**Organizing Secretary** – Dr. Bhupendra Singh

**Joint Organizing Secretary** - Dr. Gaurav Srivastava

**Treasurer** – Dr. Amit Kumar Soni

**Scientific Committee** – Dr. Hitesh Khurana and Dr. Amandeep

**Registration and reception Committee** – Dr. Arti, Dr. Vaishali

**Hospitality, catering and accommodation** – Dr. Purushottam

**Media Publication and Printing** – Dr. Purushottam, Dr. Vinay, Dr. Ritvik

## Hotel Krinoscco Rampath Amaniganj

Ayodhya U.P 224001

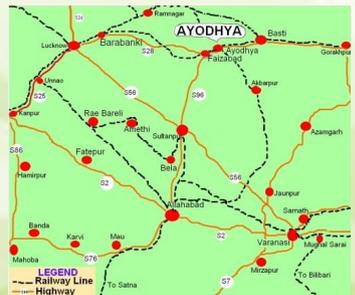
<https://krinoscco.com>



## HOW TO REACH

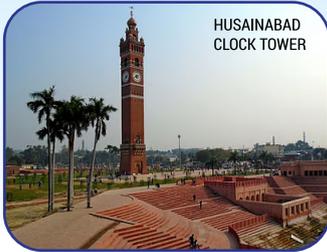
Ayodhya, is well connected by air, train, and road. The city is well-connected to major cities in India through all three modes of transportation.

- Maharishi Valmiki International Airport (AYJ) serves as the nearest airport
- Ayodhya Dham and Ayodhya Cantt are the major railway stations.
- Road travel is also convenient with well-maintained highways connecting Ayodhya to Lucknow, Varanasi and Prayagraj.
- Distances from Various Cities
- 714 Kilometers from Delhi
- 482 Kilometers from Kathmandu
- 135 Kilometers from Lucknow
- 164 Kilometers from Prayagraj
- 218 Kilometers from Varanasi



# IMPORTANT NEARBY PLACES

## LUCKNOW



HUSAINABAD  
CLOCK TOWER



JANESHWAR MISHRA PARK



BARA IMAMBARA

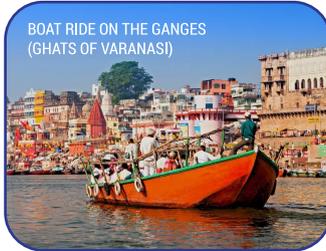


CHARBAGH RAILWAY  
STATION

## VARANASI



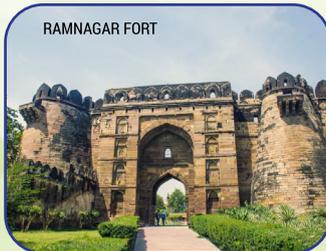
DASHASHWAMEDH GHAT



BOAT RIDE ON THE GANGES  
(GHATS OF VARANASI)

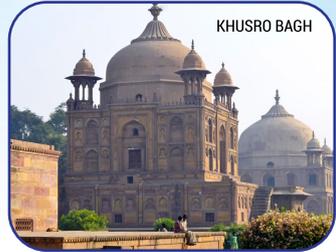


KASHI VISHWANATH TEMPLE

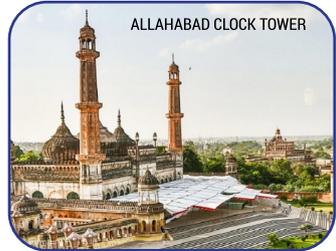


RAMNAGAR FORT

## PRAYAGRAJ



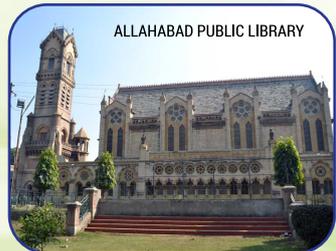
KHUSRO BAGH



ALLAHABAD CLOCK TOWER



ANAND BHAWAN



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